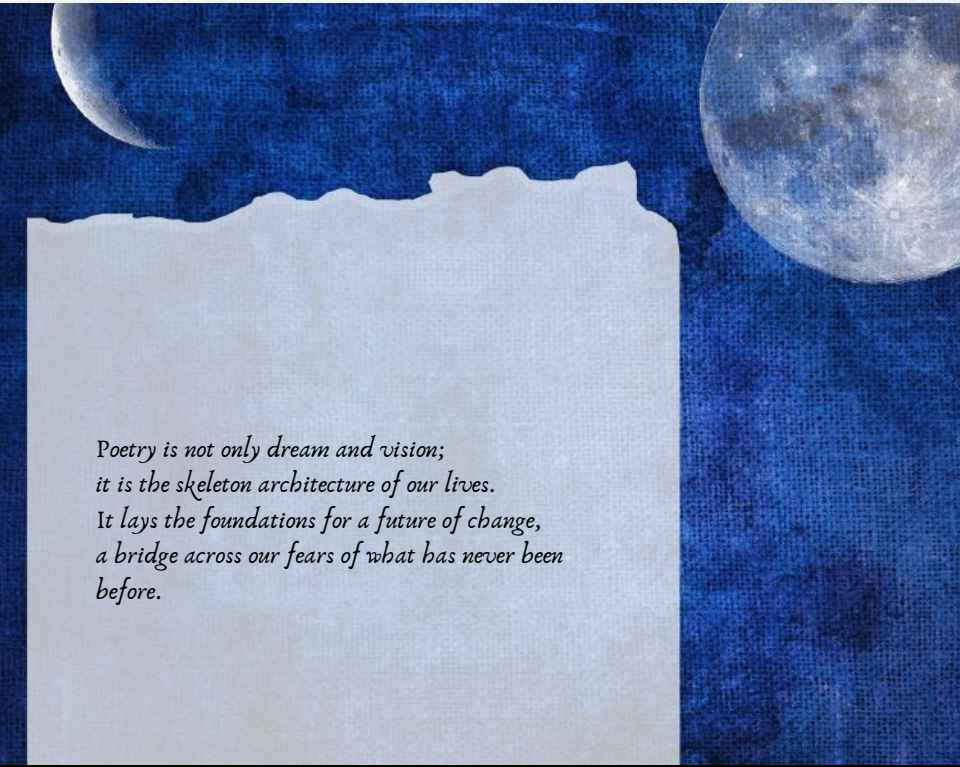


# Instructions:

HOW TO MODIFY YOUR INSTAGRAM TEMPLATES



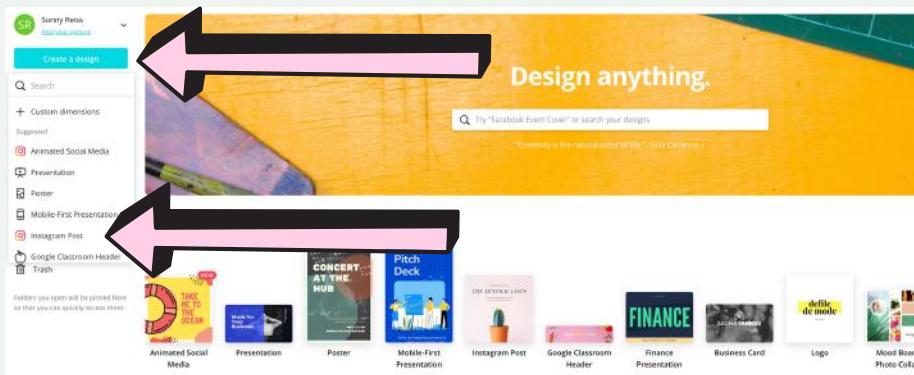
*Poetry is not only dream and vision;  
it is the skeleton architecture of our lives.  
It lays the foundations for a future of change,  
a bridge across our fears of what has never been  
before.*



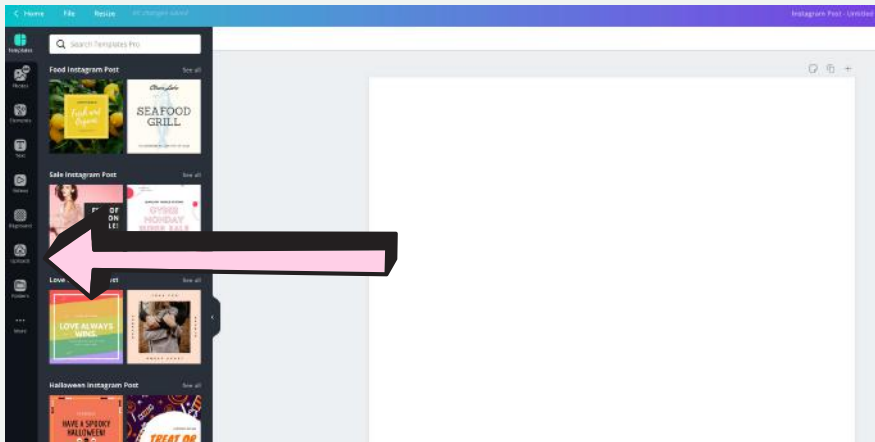
[AWRITERSBUSINESS.COM](http://AWRITERSBUSINESS.COM)

**Step 1:** Go to [www.canva.com](http://www.canva.com) and sign up for a free account.

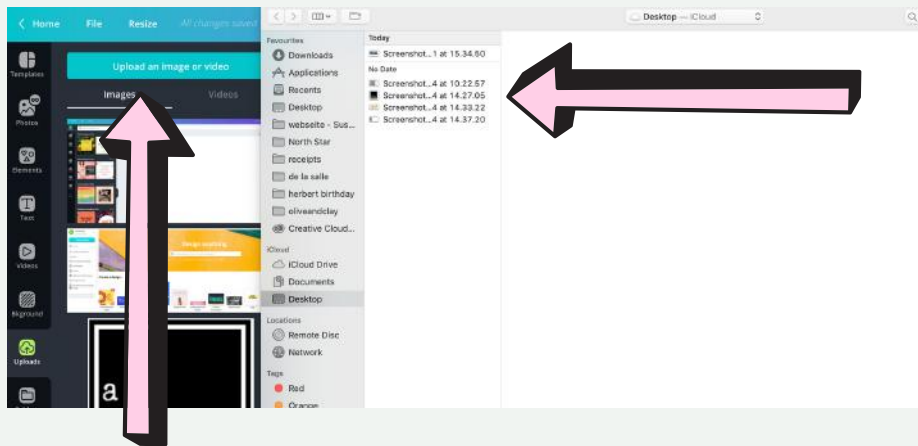
**Step 2:** Click on "Create Design" and select Instagram Post



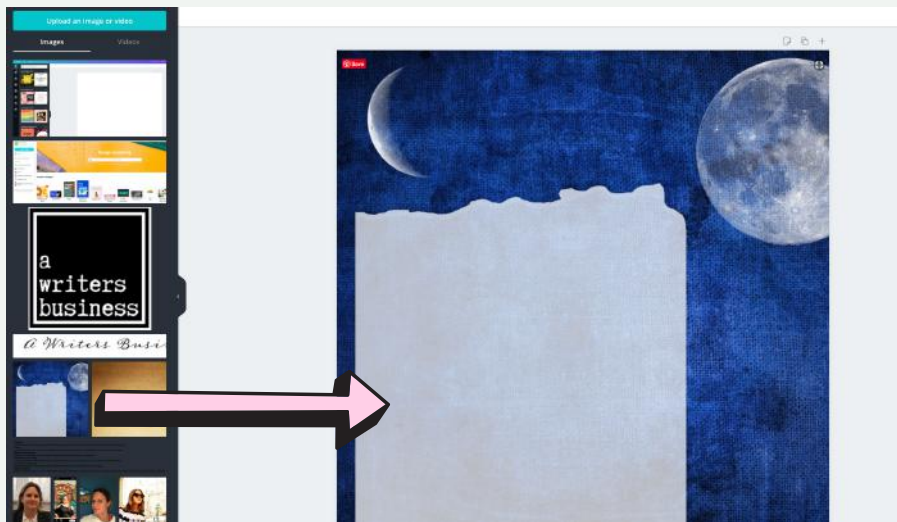
**Step 3:** Click on "Upload" in left-hand menu



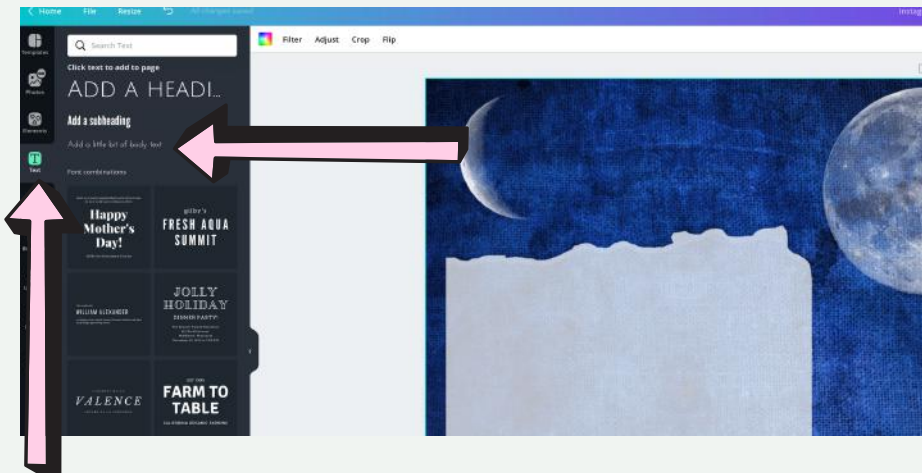
**Step 4:** Click on Upload Image or Video Button and choose the background you want to modify



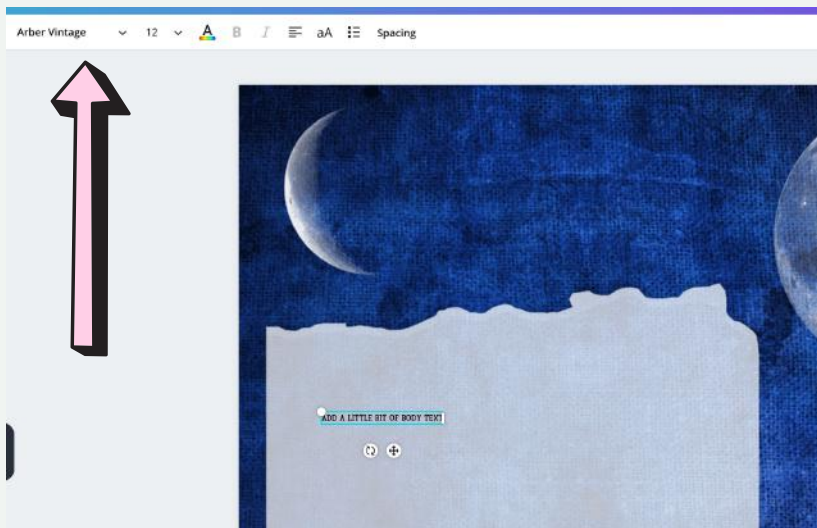
**Step 5:** Drag the background from the upload preview on the left to the main screen



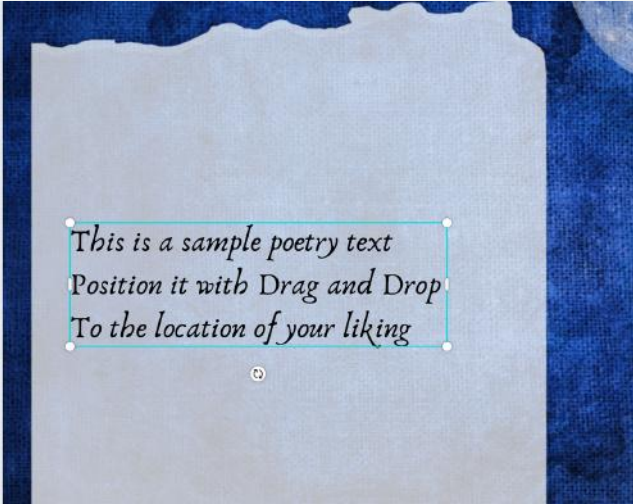
**Step 6:** Click on Text Icon in the left hand menu and choose "Add a little bit of body text".



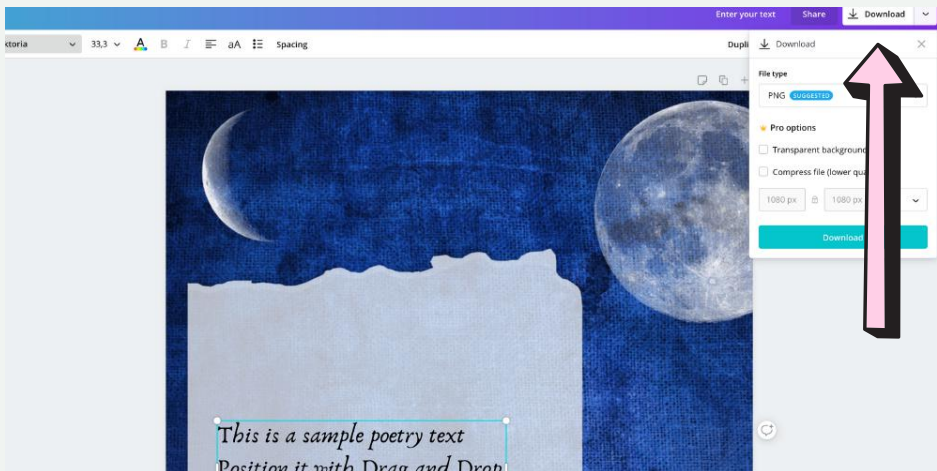
**Step 7:** Choose your favorite font and text size.



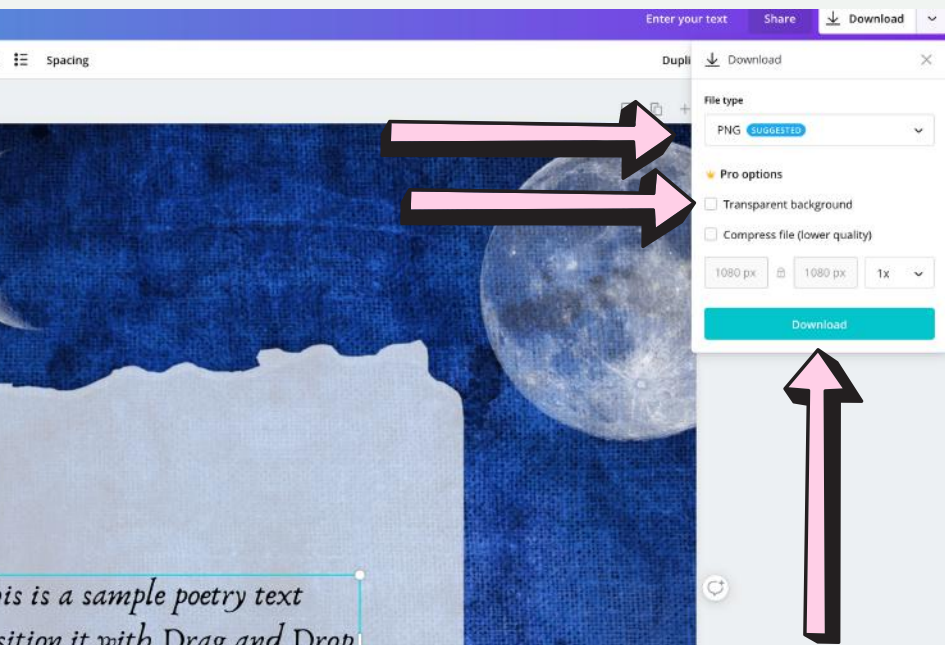
**Step 8:** Position your text by placing your cursor on the text and using drag and drop



**Step 9:** You can now download your poem by clicking on the download arrow.



**Step 10:** Make sure you use PNG format and click on the checkbox next to transparent background and then click on download.



*All Done, Congratulations!*

You can now upload your modified image to Instagram!